

rent a chef

A Personal Chef Service

Aviation Catering Menu Suggestions

Serving the entire Chicagoland Area

PWK → ORD → MDW

UGN → ARR → GYY

847-676-CHEF (2433)

3410 Main St
Skokie, IL 60076

www.rent-a-chef-inc.com

Box Lunches / Trays

Traditional Deli

Your choice of turkey, roast beef, or ham sandwiches with all condiments, served with potato salad, fresh fruit cup, and brownie

The Minis

Your choice of the traditional deli sandwiches presented on two mini rolls, served with bruschetta pasta salad, fresh fruit cup, and assorted cookies

Roasted Beef Tenderloin on Pretzel Roll

Topped with garlic mayo and grilled onions, potato salad, fresh fruit cup, and Eli's cheesecake

Chicken Salad with Grapes

Served on a fluffy croissant with a fresh fruit cup, bruschetta pasta salad, and a brownie

Southwest Chicken Wrap

Tender seasoned free range chicken breast topped with BBQ mayonnaise, wrapped in a spinach tortilla with lettuce tomatoes & cheddar cheese, served with a fresh fruit cup, potato salad, and a lemon bar

Grilled Vegetable Sandwich Wrap

Seasoned grilled vegetables tossed in balsamic vinaigrette wrapped in a spinach tortilla, served with hummus and pita, fresh fruit cup, and assorted cookies

Grilled Chicken Panini Sandwich

Grilled chicken breast topped with fresh mozzarella, tomatoes, and fresh basil on sourdough bread served with bruschetta pasta salad, fresh fruit cup, and lemon bar

Charcuterie Plate

A taste of Paris with a variety of rolled meats and sliced cheeses, olives, sweet baby pickles, pepperoncinis, crackers, vegetables and dip, fresh fruit cup, and assorted cookies

Albacore Tuna Salad Sandwich

Served on whole wheat bread with a side of bruschetta pasta salad, fresh fruit cup, and a lemon bar

Jambon et brie

Smoked ham and brie on a pretzel roll served with a fresh fruit cup, potato salad, and Eli's cheese cake.

Italian Sub

Mortadella, Genoa salami, hot capicola, ham, provolone, shredded lettuce, tomatoes, red onions and Italian dressing with mayonnaise all on Italian Bread, served with a side of hot gardenara, bruschetta pasta salad, whole fruit, and a cookie

Salads

Make it a Box Lunch by adding a fruit cup and dessert!

Spinach Strawberry Salad

Spinach, strawberries, red onion rings, goat cheese and walnuts, served with a poppy seed vinaigrette

BLT Salad

Mixed Greens, Bacon, Grape Tomatoes, Cheddar Cheese and croutons, served with a ranch dressing

Italian Salad

Romaine lettuce, Genoa salami, fresh basil, mozzarella, roasted red peppers, croutons, pepperoncinis, artichoke hearts, and olives, served with Italian dressing

Boston Bleu

Boston lettuce, mandarin oranges, red onion rings, sliced pears, crumbled blue cheese, and pecans served with Dijon vinaigrette

Asian Salad

Romaine lettuce topped with mandarin oranges, crispy noodles, shredded Daikon radish, water chestnuts, bamboo shoots, shredded carrots, and baby corn served with a sesame ginger dressing

Chicken Apple Salad

Grilled chicken breast, mixed greens, apple chips, tomatoes, cucumbers, red onion rings, and almonds served with our signature balsamic vinaigrette

Salad Nicoise

Romaine lettuce, potatoes, green beans, hard boiled eggs, Kalamata olives, and red onions, served with a balsamic vinaigrette

Classic Caesar

Romaine lettuce, shredded parmesan cheese, grape tomatoes and croutons, topped with our signature Caesar dressing

Fajita Salad

Romaine lettuce, sautéed peppers and onions, tomatoes, crispy tortilla strips, cheddar cheese, avocados with a side of sour cream, served with a salsa vinaigrette

Southwestern Salad

Romaine lettuce, diced tomatoes, cheddar cheese, black beans, salsa, and croutons, served with an zesty ranch dressing

Top any of these salads with:

Grilled Chicken
Shrimp
Salmon
Beef Tenderloin
Albacore Tuna

Complete Salads

Cobb Salad

Romaine lettuce, egg, tomatoes, cheddar cheese, bacon, blue cheese served with a ranch dressing.

Chef Salad

Romaine lettuce, strips of ham & turkey, cheddar, Swiss, hard boiled eggs, tomatoes and cucumbers, served with 1000 Island dressing

Appetizers

Subject to availability, and market price. Advance notice may be required.

Hot

Grilled chicken & vegetable kabobs
Baby lamb chops
Pork & Shrimp Pot Stickers
Cocktail meatballs, Swedish style, or BBQ
Baked Brie and apricot preserves en croute
Chicken Quesadillas
Grilled Quesadillas with Brie & Pears
Mini Filet wrapped in Bacon
Mini lump meat crab cakes
Spinach Parmesan Balls
Mini Quiche
Chicken, Beef, or Pork Satay
Chicken & Corn Meatballs w/ pesto dip
Buffalo Wings
BBQ Chicken Drumettes
BBQ Chicken Eggrolls
Chicken Fingers
Hot dogs wrapped in puff pastry
BBQ Chicken Pizza Squares
Grilled Mini Paninis
Mushrooms stuffed with Sausage
Vietnamese Egg rolls
Sliced Pork Tenderloin topped with spiced apples on roll or crostini
Sliced beef tenderloin on silver dollar rolls with roasted garlic mayo

Cold

Smoked Salmon Canapé
Beef Tenderloin Canapé
Ceviche
Blue Cheese Deviled Eggs
Tortellini Skewers
Bruschetta Crostini
Prosciutto wrapped melon
Prosciutto wrapped asparagus
Shrimp Cocktail
Grilled Jumbo shrimp with mango salsa
Sesame Crusted Goat Cheese
Tuna Salad stuffed plum tomatoes
Shrimp salad in cucumber cups
Smoked ham salad in potato cup
Caprese Cherry Tomatoes
Assorted Mini Canapés
Spinach Artichoke Stuffed Jumbo
marinated Mushrooms
Pita Chips & Hummus
Grilled Vegetable Skewers
Assorted Pinwheels
Fresh Fruit kabobs
Tri-colored Tortilla Chip w/ Guacamole & Salsa
Pepperoncini Stuffed with Tuna or Crab Salad

Platters & Trays

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| Cheese & Grape Tray (Domestic or Imported) | Seafood Tray (Classic or Executive) |
| Crudités Tray with Ranch or Hummus Dip | Assorted Sandwiches (cut in half) |
| Meat & Cheese Tray (Domestic or Imported) | Assorted Finger Sandwiches |
| Assorted Canapé Tray | Assorted Dessert Tray |
| Assorted Appetizer Tray | Fresh Sliced Fruit Tray |

Homemade Soups

Don't forget to ask about our soup of the day! Some soups are seasonal and also subject to availability. Advance notice may be required

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| Cold Gazpacho | Creamy Tomato Basil Soup |
| Turkey Vegetable Soup | Minestrone |
| Cold Mango Cilantro Soup | New England Clam Chowder |
| Chicken Tortilla Soup | Southwestern Corn Chowder |
| Cold Watermelon Soup | Cream of Mushroom Soup |
| Pumpkin Soup | Albondigas (Mexican Meatball soup) |
| Split Pea Soup | Butternut Squash Soup |
| Potato Leek | Cream of Broccoli |
| Mushroom Barley Soup | Vegetable Soup |
| Potage Fermiere | Hearty Chicken Noodle |
| Cauliflower au Gratin | |

Side Dishes

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| Vegetable Medley | Blue cheese & rosemary mashed potatoes |
| Grilled Vegetables | Old fashioned mashed potatoes |
| Ratatouille | Duchess potatoes |
| Cauliflower au gratin | Twice Baked Potatoes |
| Roasted Asparagus | Oven roasted herbed Parisians Potatoes |
| Green Beans Almandine | Wild rice pilaf |
| Creamed Spinach | Red rice medley |
| Sautéed broccoli with pine nuts | Wild mushroom barley risotto |
| Sweet Peas & Pearl Onion in white wine | Macaroni & Cheese |
| Brown Sugar Glazed Carrots | Buttered Noodles |

Entrees

Items may be subject to availability and market price. Advance notice may be required

Chicken Entrees

Chicken Alvaro
Chicken Marsala
Skinny Fried Chicken
Chicken Picatta
Chicken Vesuvio
Chicken Stir Fry
Lemon Rosemary Chicken
Saffron Grilled Chicken
Coq Au Vin

Pork, Lamb & Veal Entrees

Veal Scaloppini Marsala
Veal Osso Bucco
Rack of Lamb
Roasted Pork Tenderloin Dijonaise
Mixed Grill
BBQ Baby Back Ribs
Peach & Bourbon Glazed Pork Chops
Pork Portuguesa

Beef Entrees

Beef Tenderloin
Pot Roast
Beef Bourguignon
Filet Mignon
Steak Diane
A-1 Meatloaf
NY Strip with Bleu Cheese
Flank Steak Forestier
Beef Brisket

Fish & Seafood Entrees

Potato Crusted Chilean Sea Bass
Blackened Tilapia
Lemon Pepper Barramundi
Asian Grilled Tuna Steak
Salmon Asparagus Weave
Grilled Halibut with Fruit Salsa
Shrimp Jambalaya
Floridian Grouper

Pasta Entrees

Pasta with Meatballs
Raviolis (cheese or beef)
Pasta Primavera
Pasta with Basil Pesto
Lasagna (cheese, beef, or vegetable)
Fettuccine Alfredo

Breakfast

Cold Breakfast Items

Mini Breakfast Breads

Includes bagels, breakfast pastries, muffins, & Danishes

Smoked Salmon or Lox Tray

Your choice of Scottish Smoked Salmon or Lox accompanied with sliced tomatoes, onions, chopped egg, cream cheese, and bagels

Deluxe Breakfast Breads

Includes scones, Danishes, bagels, croissants, and sliced sweet breads

Continental Breakfast

Sliced breakfast breads, bagel, fruit yogurt, and fruit cup

Hot Breakfast Items

Scrambled Eggs

3 eggs scrambled with your choice of cheeses, meats, and/or vegetables

Omelets

3 eggs filled with your choice of the following cheeses, meats, or vegetables

Cheeses

American
Swiss
Cheddar

Meats

Bacon
Ham
Sausage

Vegetables

Tomatoes
Onions
Bell Peppers
Mushrooms
Spinach

Pancakes

Three buttermilk pancakes served with maple syrup & butter. Breakfast sausage, ham steak, or bacon, is additional

Breakfast Burrito

Tortilla filled with eggs, cheese, bell peppers, onions, & choice of meat. Served with salsa, guacamole, & sour cream

Quiche (sold whole)

Your choice of Quiche Lorraine, Cheddar & Ham, and Mushroom & Spinach

French Toast

Egg battered toast served with powdered sugar & maple syrup

Breakfast Sides

- Bacon
- Sausage (link or patty)
- Ham Steak
- Canadian Bacon
- Corned Beef Hash
- Cereal
- Oatmeal & Kit
- Turkey Bacon
- Chicken or Turkey Sausage
- Lyonnaise Potatoes
- Hash Brown Potatoes
- Herb Grilled Tomatoes
- Granola
- Yogurt

Box Breakfasts / Trays

European Breakfast (Low-Carb)

A variety of sliced meats and cheeses served with fruit yogurt, fresh fruit cup, and mini muffin or breakfast pastry

Breakfast Burrito

Tortilla filled with eggs, cheese, bell peppers, onions, & choice of meat. Served with salsa, guacamole, & sour cream, fresh fruit cup

Deluxe Continental Breakfast

Three assorted breakfast breads & pastries served with bran cereal, skim milk, fresh fruit cup and fruit yogurt, and a banana

Ham & Cheese Omelet

Ham & cheese 3 egg omelet served with shredded hash browns and fresh fruit cup

Continental Breakfast

Your choice of bagel or croissant served with a mini muffin or breakfast pastry, fresh fruit cup and fruit yogurt

Lox & Bagel

Sliced lox served with a plain bagel, sliced tomatoes, sliced onions, plain & low-fat cream cheeses, butter, fresh fruit cup & fruit yogurt

Healthy Continental Breakfast

Whole wheat bagel, low-fat cream cheese, butter, jelly, hard boiled egg, fresh fruit cup, fruit yogurt, granola, and mini muffin, and banana

Cold Breakfast Sandwich

Croissant sandwich filled with hard boiled eggs, cheese, and choice of meat, fruit cup, fruit yogurt, and mini muffin